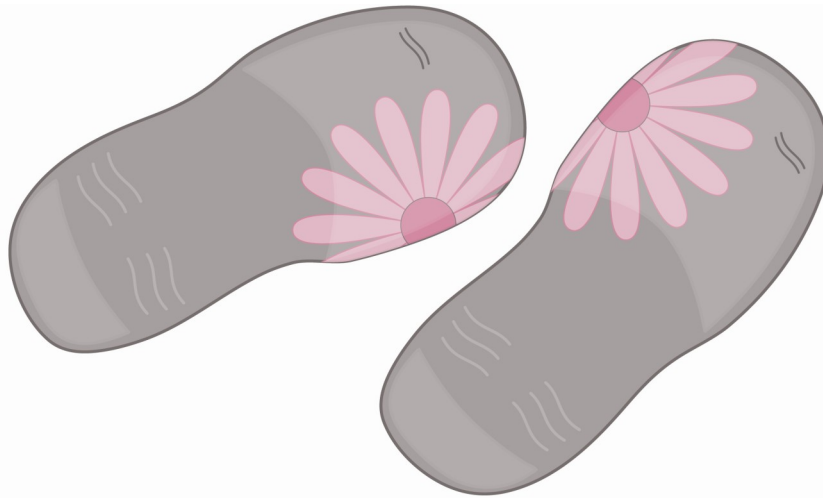


10km Run & 3km Walk

Saturday, June 19th
Fish Creek Park
Glennfield Site B

Supporting individuals with Down syndrome



Street Meet 2010

Ups & Downs — Calgary Down Syndrome Association
18th Annual — 10K Run & 3K Walk

Information	Agenda	Cost	Contact																				
<p>Street Meet is a 10km fun run, 3km walk that welcomes runners, walkers, strollers, baby joggers, wheelchairs and children on bikes.</p> <p>Funds raised will support a variety of projects. Some of the projects include: outreach services for new parents, community education and advocacy programs for individuals with Down syndrome.</p>	<p>June 19th, 2010</p> <table border="0"> <tr> <td>Registration</td> <td>9:00</td> </tr> <tr> <td>10km Run Starts</td> <td>10:00</td> </tr> <tr> <td>3km Walk Starts</td> <td>10:15</td> </tr> <tr> <td>Post Race</td> <td>11:00</td> </tr> </table> <p>Post Race Activities include: BBQ, games and great raffle prizes.</p> <p>Entry Fee Includes A commemorative T-shirt, race day package for runners, refreshments, food and entertainment, valuable incentive prizes for pledges.</p>	Registration	9:00	10km Run Starts	10:00	3km Walk Starts	10:15	Post Race	11:00	<p>Before June 1</p> <table border="0"> <tr> <td>Runners (individual)</td> <td>\$35</td> </tr> <tr> <td>Walkers (individual)</td> <td>\$10</td> </tr> <tr> <td>Walkers (family)</td> <td>\$35</td> </tr> </table> <p>After June 1</p> <table border="0"> <tr> <td>Runners (individual)</td> <td>\$40</td> </tr> <tr> <td>Walkers (individual)</td> <td>\$15</td> </tr> <tr> <td>Walkers (family)</td> <td>\$40</td> </tr> </table>	Runners (individual)	\$35	Walkers (individual)	\$10	Walkers (family)	\$35	Runners (individual)	\$40	Walkers (individual)	\$15	Walkers (family)	\$40	<p>Ups and Downs Box 61180 Kensington RPO Calgary AB T2N 4S6 Tel. (403) 289-4394 Toll free: 1-866-230-0979</p> <p>Register On-line www.upsdowns.org</p>
Registration	9:00																						
10km Run Starts	10:00																						
3km Walk Starts	10:15																						
Post Race	11:00																						
Runners (individual)	\$35																						
Walkers (individual)	\$10																						
Walkers (family)	\$35																						
Runners (individual)	\$40																						
Walkers (individual)	\$15																						
Walkers (family)	\$40																						